

# TRAINING for TRAINERS

## FACILITATING COLLECTIVE VOCAL IMPROV

### Overview

*Bilingual training English and French*

**Duration** 168 hours distributed as follows

- over 8 months - 21 days - 126 hours in person
- 18 hours online
- 24 hours of individual work (practice groups and tutoring)

*Complementary and inseparable modules*

### Dates

*in person*

Module 1 - ARTISTIC, musical expression and creativity

- session 1: **5-7 January 2026** (Monday to Wednesday) - 3 days
- session 2: **9-11 February 2026** (Monday to Wednesday) - 3 days

Module 2 - PEDAGOGY, music and transmission

- session 3: **23-25 March 2026** (Monday to Wednesday) - 3 days
- session 4: **18-20 May 2026** (Monday to Wednesday) - 3 days

Module 3 - FACILITATION, music and collective

- session 5: **29 June - 1 July 2026** (Monday to Wednesday) - 3 days
- session 6: **20-25 August 2026** (Thursday to Tuesday) - 6 residential days

*online*

- 2 hours of individual coaching/mentoring + 6 hours of master classes + 10 hours of pair work

### Locations

*Sessions 1 to 5:* La Grange à Nadine, La Grammoire district, 44120 Vertou

*Session 6:* Centre Tripoura, Le Vieux Salydieu, 85320 Bessay

### Public

Vocalists, musicians, singers, improvisers, music teachers, music educators, choir directors, music live performers, etc.

**Training cost:** professional support: €4500

significant reduction granted in the case of self-funding: €2800 / *self-funding: payment possible in 3 instalments at no extra charge.*

This training is aimed at music artists and teachers who wish to develop new teaching tools for collective musical practice and who wish to deepen their artistic and pedagogical approach to guiding groups in the practice of circlesongs and collective vocal improvisation. It offers a three-module course, alternating face-to-face and online sessions, to support participants in their artistic, pedagogical and facilitation development.

### EDUCATIONAL OBJECTIVES

- Consolidate your artistic identity and uniqueness as a vocal improviser.
- Develop a teaching method adapted to the transmission of circlesongs and collective vocal improvisation.
- Acquire concrete tools to structure and lead collective vocal improvisation sessions
- Assume your role as a facilitator and refine your musical leadership.
- Develop listening, responsiveness and the ability to guide a group in a fluid and inspiring way.

### DESIRED SKILLS

- Improvise with ease and assert your personal musical language.
  - Structure a clear and progressive pedagogical framework for teaching improvised vocal practices.
  - Lead a group by fostering the emergence of collective creativity.
  - Develop stage presence and a caring leadership style.
- Adapt your approach to the context: artistic, educational, collective.

### PUBLIC

> facilitators, activity leaders, speakers, trainers and artists in improvisation and/or circlesongs

> educators, group/collective leaders, teachers using collective vocal practice as a tool for cohesion

### PREREQUISITES

#### experience

- be an active artist/facilitator/have already facilitated groups/have already practised circlesongs and/or collective vocal improvisation

#### musical prerequisites

- sense of rhythm: recognise a tempo, easily keep a pulse, identify a cycle/measure
- sense of melody: identify and reproduce a melody, create a simple melody

- sense of harmony: identify and reproduce a harmonised second voice, easily create a harmonised second voice
- good ear
- singing accuracy

## ORGANISATION AND CALENDAR

**Duration** The course lasts 8 months, 168 hours divided as follows:

- 21 days - 126 hours face-to-face
- 18 hours online
- 24 hours of individual work (practice groups and tutoring)

### **Module 1 - The artist - 6 days (2 x 3 days)**

*in person*

- Mon 5 - Wed 7 Jan 2026
- Mon 9 - Wed 11 Feb 2026

*online (dates defined at the start of the course)*

- 1 individual appointment (1 hour)
- 2 group appointments (4 hours)
- 2 pair tutorials (2 hours)

#### > Learning objectives

- Explore and affirm your musical and vocal language in improvisation.
- Develop the connection between body, voice and rhythm.
- Deepen your relationship with listening and instantaneous musical interaction.
- Work on stage presence and confidence in the improvised act.

#### > Targeted skills

- Improvise with confidence and clarity.
- Explore your voice in all its expressive and dynamic range.
- Develop an organic relationship with rhythm and polyphony.
- Position yourself accurately in a collective improvisation.

### **Module 2 - Pedagogy - 6 days (2 x 3 days)**

*in person*

- Mon 23 - Wed 25 March 2026
- Mon 18 - Wed 20 May 2026

*online (dates defined at the start of the training)*

- 1 individual appointment (1 hour)
- 2 group appointments (4 hours)
- 2 pair tutorials (2 hours)

> Learning objectives

- Structure a teaching approach to pass on circle songs and vocal improvisation.
- Experiment with different ways of accompanying and guiding a group.
- Build learning sequences tailored to the levels and needs of the participants.
- Manage the balance between technique and freedom of exploration.

> Target skills

- Design and lead appropriate educational sessions.
- Adapt your teaching to the group's profile and dynamics.
- Develop an inspiring and structured teaching style.
- Provide concrete tools to help participants progress.

**Module 3 - Facilitation - 9 days (1 x 3 days + 1 x 6 days)**

*in person*

- Mon 29 June - Wed 1 July 2026
- Thu 20 - Tue 25 August 2026 (6 residential days)

*Online (dates defined at the start of the training)*

- 2 group meetings (4 hours)
- 2 pair tutorials (2 hours)

> Learning objectives

- Deepen the facilitator's role in circle songs and collective vocal improvisation.
- Develop strategies to guide a group with fluidity and commitment.
- Work on flow management: transitions, evolutions, intensity and relaxation.
- Explore different leadership postures: flexible authority, active listening, non-verbal interaction.

> Target skills

- Guide a group with clarity and sensitivity.
- Find a balance between direction and letting go.
- Develop your ability to support a group in a co-creation process.
- Refine your musical intuition and responsiveness in a facilitation situation.

## IMPORTANT

Individual work is an integral part of the training. To ensure that the training is not purely theoretical, trainees are required to set up practice groups to practise and integrate the concepts covered throughout the training, between each session. If necessary, we will help you to set up a practice group near you.

## TRAINING VENUE

3-day sessions (sessions 1 à 5) : La Grange à Nadine, 44120 Vertou

6-day residential session: Centre Tripoura Yoga Center, Le Vieux Salydieu, 85320 Bessay

## REGISTRATION

Registration opens: 26 March 2025

## APPLICATION PROCEDURE

- > CV
- > Letter of motivation
- > two audio recordings of 3' minimum to 5' maximum including at least one vocal improvisation
- > if necessary, a telephone or video interview of about 20 minutes may be requested

## COST OF TRAINING

### Tuition cost

Training eligible for funding under the heading of professional training (Afdas, Fif-pl, Unifformation, etc.)

- > funding under the heading of professional training: **€4500**
- > significant reduction granted in the case of self-funding: **€2800**

### ***Please note:***

° Only training courses leading to a qualification or diploma recognised by France Compétences are eligible for the CPF. This training course is not eligible for the CPF at this time.

° In the case of self-funding, it is possible to pay in 1, 3 or 6 instalments between January 2026 and August 2026. The first payment of €400 is a non-refundable deposit, and is made on the registration date.

**Accommodation and meals**

- > sessions 1 to 5: not provided, at the expense of the trainee
- > residential session 6 (compulsory): €400 (accommodation for 5 nights in a shared room + 10 meals - excluding breakfasts). To be paid by cheque at the time of registration and cashed at the beginning of the 2<sup>nd</sup> term of 2026.